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Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

## Wellness Questionnaire

Please answer the following questions on a scale of 1 to 5 by circling the appropriate number:

**I feel younger, the same as, or older than my true age.**

YOUNGER THAN		TRUE AGE		OLDER THAN
1	2	3	4	5

**I am not concerned, somewhat concerned, or very concerned about the appearance of my face or body.**

NOT CONCERNED		SOMEWHAT CONCERNED		VERY CONCERNED
1	2	3	4	5

**Are you preparing for any upcoming events? I.e. Wedding, vacation, reunion, etc.**

YES NO

**Please check all items of concern:**

- |   |  |
|---|--|
| <input type="checkbox"/> Skin care regimen and sunscreen  | <input type="checkbox"/> Vitamins, minerals, bioidentical hormones   |
| <input type="checkbox"/> Facial, microdermabrasion, chemical peel   | <input type="checkbox"/> Hair removal  |
| <input type="checkbox"/> BOTOX® - for fine lines o Injectable Fillers - for volume, wrinkles, and re-shaping o Menopause, PMS or irregular menses | <input type="checkbox"/> Acne  |
| <input type="checkbox"/> Hormone balancing  | <input type="checkbox"/> Freckles, sun damage, age spots, birthmarks   |
| <input type="checkbox"/> Decreased libido   | <input type="checkbox"/> Acne scars, facial wrinkles, fine lines, loose skin, enlarged pores, smoother texture |
| <input type="checkbox"/> Painful intercourse  | <input type="checkbox"/> Facial/leg veins and red dots   |
| <input type="checkbox"/> Slow metabolism  | <input type="checkbox"/> Tattoo removal  |
| <input type="checkbox"/> Weight gain  | <input type="checkbox"/> Body skin tightening, cellulite, stretch marks  |
| <input type="checkbox"/> Body fat reduction   | <input type="checkbox"/> Other, please specify _____   |